

# Icebreaker Meeting Guide

Date:\_\_\_\_\_ Case Name:\_\_\_\_\_

Child/ren: (age)\_\_\_\_\_ (age)\_\_\_\_\_ (age)\_\_\_\_\_ (age)\_\_\_\_\_

Participants (First Names Only): \_\_\_\_\_

## Introductions

Foster Parent to discuss their home, basic structure, rules in the home, what brought them to foster parenting.

Parent shares with foster parent their child's likes, dislikes, special needs, etc.  
Some examples are:

Faith Affiliation:

School: (any books that need to be returned, reports/projects due, favorite teacher, favorite subject)

Friends in school or in the neighborhood:

Sleep Patterns:

Dental/Medical History: (shot records, allergies, appointments, glasses, medications)

Comfort Items: (bedtime story, songs, prayer, etc.)

Clothing: (favorite things to wear, what clothes did parent send, things they want back)

Behavior: (specific behaviors the child may exhibit: bed wetting, firesetting, stealing)

Nicknames:

Food Likes/Dislikes:

Any additional things that will make the child more comfortable while they are in foster care:

**\*\*Please remember that this meeting is to discuss the needs of the child. It is not a time to discuss case planning, services, or arrange visitation.**